

BITS AND PIECES . . . AND PLEASE KEEP THEM COMING IN!

Here is your 195th Midland Unitarian Association Inc. Bits & Pieces for October 2024. If you want any news from your congregation included here, please send it to me (details below)

MUA Inc. AIMS AND OBJECTIVES

- Support congregations
- Make things happen by providing leadership and initiating projects
- Find resourceful solutions
- Connect Unitarians in the Midlands.

FINDING OUR CENTRE: EXPLORING DIFFERENT WAYS TO MEDITATE FINAL CALL!

Come along for a fun and deeply experiential afternoon, during which you will be invited to participate in different meditative practices, including walking a labyrinth, sensory exploration, seated meditation and *lectio divina* (sacred reading).

There will also be some social time in the middle of the afternoon, and a shared meal at the beginning, so why not join us for a day of exploration and connection.

A flyer will be re-circulated with this issue of *Bits & Pieces*: **if you think this sounds like a fun day, but haven't yet let me know you're planning to attend, PLEASE let me know!** We need to have a certain minimum number of participants to make the day viable.

Workshop Facilitators: Sue Woolley, Aleks Zgliniska

When: Saturday 19th October 2024

Where: Unitarian New Meeting, Ryland St, Birmingham B16 8BL

Times: 12 noon until 4.15 pm

Cost: FREE to all members of MUA congregations; £10 to others.

TWO HUNDRED YEARS OF UNITARIAN WITNESS IN NORTHAMPTON: CARNEGIE LECTURE

Speaker: Rev Sue Woolley

When: Saturday 16th November 2024

Where: Northamptonshire Central Library, Abington Street, Northampton NN1 2BA
(nearest car park: Grosvenor Centre NN1 2BS)

Time: 2.00 p.m.

To book your free ticket, please follow this link: [Carnegie Talk - 200 hundred years of Unitarianism in Northampton Tickets, Sat 16 Nov 2024 at 14:00 | Eventbrite](#)

If you have any contributions for the next *Bits & Pieces*, please send them to me at 5, Martins Road, Piddington, Northampton NN7 2DN or via e-mail to revsuewoolley@gmail.com Thanks!

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